Sage Room Activities

Theme: Birds

Science:

Bouncy Egg Experiment

Day - 1

Day - 2

Day - 3

Math:

Sorting & Counting Eggs

Art and Craft Activities

Bird Nest

Making of Bird Nest

Bird Feeder

Making of Bird Feeder

Bon Appetit !

Owl Rice Cakes

Things Needed:

- 4 rice cakes or bread toast circles
- 1 banana
- 4 spoon peanut butter/Wow Butter
- 1 cup blueberries
- 1 apple
- 1 carrot
- 1 cup cereal, Cheerios/Fruit Loops

1. Arrange rice cakes/toast on a plate.
2. Slice banana and keep aside.
3. Spread peanut butter on rice cake. Place 2 slices of banana towards the upper part of the rice cakes. Dab a bit of peanut butter on the center of banana slice and add a blueberry for the eye.
4. Slice thin wedges of apple (1/8 inch thick). Place 2 onto each rice cake, (peel side outward) as the owl's wings.
5. Peel carrot and slice thin. Use 4 slices and cut into triangles for the nose.
6. Finally, add some cheerios or fruit loops for feathers between the wings.

Enjoy this yummy Owl!!

Chick Crackers

Things Needed:

- 8 round crackers
- 8 ounce cheddar cheese
- 1 cup baby carrots
- 8 canned black olives
- 1 cup spinach

- Arrange crackers on a plate.
- Cut cheese into circles, a little smaller than the crackers. Place cheese on crackers.

- Cut carrots into thin stripes that look like chicks feathers on top of his head. Cut another carrot into 24 thin rounds. 16 will be used for the feet and 8 will be cut into triangles for the beaks.
- Slice Olives and cut it into half to make eyes. Spread some spinach leaves in the bottom and then place the chick over them.

Enjoy these cutie little chicks!!

Listening Activities

Books

Birds

About Birds

The Beak Book

How to Build a Home

Music

Flap Your Wings Together

Two Little Black Birds

All About Birds for Children

Bird Sounds!!