

Cleaning + Hygiene at LLESA

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Handwashing with Children

Monitoring proper technique

- **Ensure clean technique with turning off faucet**
 - Paper towel to turn off
 - Adult turns on/off faucet for child
 - **Wet your hands with clean running water**
 - Temperature doesn't impact effectiveness
 - **Any soap works!**
 - Antibacterial formulation is not necessary; regular soap works just as well for those who don't work in health care settings.
 - **Remind them often!**
 - It takes time to integrate hand-washing into a kid's daily routine, so you'll need to remind him often.
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Handwashing with Children

Monitoring proper technique

- **Lead by example**
 - Make sure you are making it obvious you are participating in handwashing as well
 - **What if soap and water aren't available?**
 - An alcohol-based hand sanitizer with $\geq 60\%$ ethyl alcohol can be used if water is unavailable.
 - Washing hands with soap and water is always the best way to get rid of germs.
 - **Can I use baby wipes to wipe kids hands?**
 - Baby wipes are not designed to remove germs from your hands.
 - CDC recommends washing hands with soap and water when possible.
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Hand Sanitizer

When To Use with Children

- **What is good hand sanitizer?**
 - Use an alcohol-based hand sanitizer that contains at least 60% ethyl alcohol
 - **Why sanitizer vs. hand washing?**
 - Using soap + water is always preferred over use of hand sanitizer
 - Soap + water work to remove all types of germs from hands
 - Sanitizer acts by killing certain germs on the skin
 - DO NOT use hand sanitizer if your hands are visibly dirty or greasy - instead always opt to wash your hands when soap + water are available
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Hand Sanitizer

When To Use with Children

- **What is good hand sanitizer?**
 - Use an alcohol-based hand sanitizer that contains at least 60% ethyl alcohol
 - **Supervise use with children**
 - To prevent swallowing alcohol, especially in schools and childcare facilities
 - **How do we use hand sanitizer?**
 - Put enough sanitizer on your hands to cover all surfaces - quarter size
 - Rub your hands together until they feel dry ~20 seconds
 - Do NOT rinse or wipe off the hand sanitizer before it's dry; it may not work well against germs
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Sanitizing with Oxivir

Safe Use Around Children



- **What is Oxivir?**
 - Solution with accelerated hydrogen peroxide, which kills common pathogens in just 1 minute
 - One-step cleaner and disinfectant with a pleasant odor
- **Is it safe?**
 - Non-irritating to eyes and skin (safest possible rating)
 - Environmentally Responsible - active ingredients break down into oxygen and water after use
- **How do I use it?**
 - Do not need PPE (personal protective equipment) to use
 - Can use other cleaners (natural, vegetable-based, etc.) after using Oxivir if desired, especially on food surfaces

QUESTIONS?



Resources

<https://www.cdc.gov/handwashing/handwashing-family.html>

<https://www.cdc.gov/handwashing/hand-sanitizer-use.html>

<https://www.fda.gov/consumers/consumer-updates/safely-using-hand-sanitizer>

<https://www.tchd.org/DocumentCenter/View/1375/Sanitizer--Disinfectant-Guidance-for-Childcare-Centers?bidId=>